AUTUMN/ WINTER MENU 2026

FRESH!

NUTRITIOUS

Chartwells Schools

OUR SCHOOL MEALS AT A GLANCE

We believe school meals should be nutritious, varied and enjoyable – helping every child feel fuelled, focused and ready to learn.

Nutritious and Balanced

- ☑ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ☑ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ☑ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ☑ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ☑ A wide variety of colourful vegetables are offered each week, including seasonal choices where possible

Standards You Can Trust

- ☑ All menus are developed in line with the School Food Standards
- ☑ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ☑ Meat dishes meet Government Buying Standards (GBS) requirements
- ☑ Oily fish is included, in accordance with the School Food Standards

Something for Everyone

- ☑ Vegetarian options are available every day, with plant-based dishes featured across the menu cycle
- ☑ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

Healthier Choices

- ☑ Wholegrain carbohydrate options are regularly included, such as wholemeal bread, wholegrain rice and wholewheat pasta
- ☑ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

TASTY

FRUITY!

AUTUMN/ WINTER 2026

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES OPTION 1	Creamy Garlic Pasta (V)	Bean and Cheese Pastry Turnover with Herby Diced Potatoes (V)	Sweet Potato and Chickpea Roast with Stuffing and Gravy (VE) (Nutritionist's Choice)	Yellow Vegetable Curry with Wholegrain Rice (VE) (Wholegrain) (Nutritionist's Choice)	Quorn Dippers with Chips (VE)
OPTION 2	Cheese and Tomato Pizza with Pesto Pasta (V) (Wholegrain)	Jerk Chicken with Rice and Peas	Roast Chicken with Roast Potatoes, Stuffing and Gravy	Chicken Tikka Masala with Wholegrain Rice (Wholegrain) (Nutritionist's Choice)	Southern Fried Chicken with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)
DESSERT	Chocolate Ice Cream	Lemon Cookie	Raspberry Jelly with Fruit (VE) (Fruity!)	Chocolate Marble Cake	Yoghurt and Fruit (Fruity!) (Nutritionist's Choice)

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

TASTY

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 15/02/2027, 08/03/2027, 29/03/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES
With a choice of topping (V) (Oily Fish)

FRUITY!

WEEK 1
WEEK 2
WEEK 3

(V) Vegetarian (VE) Vegan (Oily Fish) Oily Fish (Fruity!) Fruity! (Wholegrain) Wholegrain (Nutritionist's Choice) Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES OPTION 1	**Spicy Tomato Pasta Bake** with a Garlic Doughball V	**Beany Vegetable Burger** with Potato Wedges V	**Roast BBQ Quorn** with Mashed Potato, Yorkshire Pudding and Gravy V	**Beany Pasta Bake** V	**Quorn Dippers** with Chips VE
OPTION 2	**Cheese and Tomato Pizza** with Pesto Pasta V	**Beef Burger** with Herby Diced Potatoes	**Roast Chicken** with Mashed Potato, Yorkshire Pudding and Gravy	**Katsu Chicken** with Wholegrain Rice	**Fish Fingers** with Chips
TASTY OPTION 3	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta V	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta V	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta V	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta V	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta V
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DESSERT	Strawberry Ice Cream	Chocolate Cookie	Chocolate Brownie	Jam and Coconut Sponge	Yoghurt and Fruit

W/C: 09/11/2026, 30/11/2026, 21/12/2026, 11/01/2027, 01/02/2027, 22/02/2027, 15/03/2027, 05/04/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES
With a choice of topping V

FRUITY!

WEEK 1
WEEK 2
WEEK 3

V Vegetarian VE Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

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AUTUMN/ WINTER 2026

FRESH!

NUTRITIOUS

Chartwells Schools

HOT DISHES

TASTY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	**Red Pepper and Pesto Spaghetti** (V)	**Cheese and Tomato Quiche** with Potato Wedges (V)	**Quorn Roast** with Mashed Potato, Yorkshire Pudding and Gravy (V)	**Macaroni Cheese** (V)	**Quorn Dippers** with Chips (VE)
OPTION 2	**Cheese and Tomato Pizza** with Pesto Pasta (V)	**Beef Meatballs in Tomato Sauce** with Wholewheat Pasta	**Roast Chicken** with Mashed Potato, Yorkshire Pudding and Gravy	**Beef Bolognese** with Wholewheat Pasta	**Fish Fingers** with Chips
OPTION 3	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V)
DESSERT	Vanilla Ice Cream	Oat Cookie with Fruit	Strawberry Jelly - with Fruit	Chocolate Sponge with Chocolate Custard	Yoghurt and Fruit

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

W/C: 16/11/2026, 07/12/2026, 28/12/2026, 18/01/2027, 08/02/2027, 01/03/2027, 22/03/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES With a choice of topping (V)

FRUITY!

WEEK 1
WEEK 2
WEEK 3

(V) Vegetarian (VE) Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

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